

hot grill

free sides!
ARTISAN WRAPS, GOURMET SANDWICHES & HOT GRILL include choice of:
GOODWIN'S famous guacamole, spicy hot salsa & corn tortilla chips
~ or ~
healthy pasta salad with roasted vegetables
~ or ~
fresh seasonal fruit

TOMATILLO CHICKEN TACOS - 10.95
natural grilled chicken breast with sour cream, guacamole, tomatillo salsa & cilantro on flour tortillas.

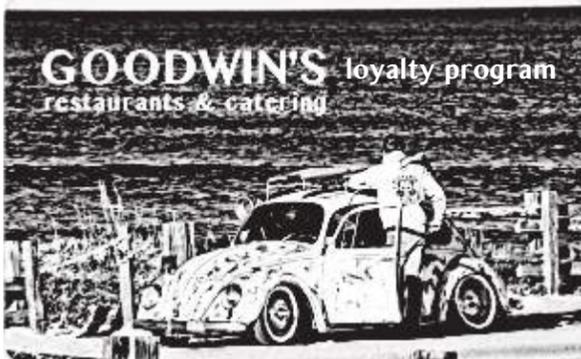
CUBAN REUBEN - 10.95
house braised pork shoulder, black forest ham, cilantro-lime coleslaw, aged swiss cheese, roasted jalapeno pickle relish & whole grain mustard on grilled french roll.

QUESADILLAS
with roasted vegetables, spicy black beans, monterey jack cheese & zesty chipotle creme fraiche.
roasted pork - 10.95
grilled chicken - 10.95
vegetarian - 9.95

what's new at GOODWIN'S?

GOODWIN'S fine grinds -
we are kicking off our fabulous coffee bar celebration! enjoy our new cold fall brews & really, really good frozen coffee cocktails!

join our loyalty program! get FREE stuff!



view GOODWIN'S catering menu & order online @ www.surfgoodwins.com

(v) vegetarian (ve) vegan (g) gluten free



Restaurant Eat Fresh, Feel Good

"fabulous quality & absolutely delicious food, freshly prepared in our own kitchen daily."

dine-in, take-out, delivery,
catering, coffee bar

order online at www.surfgoodwins.com

monday through friday
breakfast & lunch

333 West Wacker Drive
corner of Franklin & Lake
in Nuveen Tower
Chicago, IL 60606
tel 312.634.1134
fax 312.634.1139

www.surfgoodwins.com

gourmet sandwiches - cold

free sides!
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CORVALLIS - 9.95
pan roasted sliced turkey breast, lettuce, avocado, tomato, cheddar cheese & monterey jack cheese with 1,000 island dressing on country white.

COZUMEL - 9.95
crisp hickory smoked bacon, leaf lettuce, sliced tomato, fresh avocado & chipotle mayo on toasted ciabatta.

LARKSPUR (v) - 8.95
garden hummus, leaf lettuce, sliced tomato, sliced cucumber & fresh sliced avocado on multi-grain.

MADISON (v) - 8.95
sliced avocado, tomato, leaf lettuce, monterey jack cheese & pesto mayo on multi-grain.

MAUI - 9.95
roasted chicken salad, topped with fresh tropical pineapple & green leaf lettuce on multi-grain.

NEWPORT - 9.95
pan roasted sliced turkey breast, avocado, leaf lettuce, sliced tomato & mayo on multi-grain.

PENTWATER CLUB - 9.95
a triple decker! sliced black forest ham & pan roasted turkey breast with hickory smoked bacon, lettuce, tomato & mayo on multi-grain.

PRESCOTT - 9.95
pan roasted sliced turkey breast, monterey jack cheese, guacamole, lettuce & tomato on multi-grain.

SAN CLEMENTE - 9.95
the GOODWIN'S favorite! roasted turkey breast, sliced avocado, lettuce, tomato & chimichurri sauce on our signature toasted pretzel roll.

SAUSALITO - 9.95
sliced sausalito turkey, provolone cheese, avocado, pico de gallo, leaf lettuce & tomato on ciabatta.

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BAJA - 10.95
marinated shrimp, tangy bbq sauce, avocado slices, lettuce & provolone cheese on a toasted pretzel roll.

DURANGO - 9.95
grilled chicken breast, guacamole, provolone cheese, sliced tomato, lettuce & mayo on a brioche roll.

LYNDON (v) - 8.95
monterey jack cheese, cheddar cheese, avocado, leaf lettuce & sliced tomato drizzled with 1,000 island dressing on toasted marble rye.

RAVINIA - 9.95
grilled chicken breast, leaf lettuce, fresh tomato, monterey jack cheese & pesto mayo on ciabatta.

REXBURG - 9.95
lean roast beef, turkey, lettuce, crisp bacon, muenster cheese & russian dressing on marble rye.

SACRAMENTO - 9.95
grilled chicken breast, provolone cheese, leaf lettuce, fresh avocado & bbq sauce on ciabatta.

SCOTTSDALE - 9.95
tender sliced corned beef, sauerkraut, swiss cheese & 1,000 island dressing on toasted marble rye.

TURKEY REUBEN - 9.95
sliced turkey breast, sauerkraut, swiss cheese & 1,000 island dressing on toasted marble rye.

VISALIA - 9.95
sausalito turkey, chipotle chicken breast, bbq sauce, chimichurri sauce, lettuce & sliced tomato on multi-grain.



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artisan wraps - cold

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CANCUN - 9.95

sliced sausalito turkey, couscous, avocado slices, pico de gallo, diced cucumber, sour cream, lettuce & pepper jack cheese in a spinach tortilla.

CATALINA - 9.95

spicy cajun albacore tuna salad, diced tomatoes, leaf lettuce & cheddar cheese in a flour tortilla.

CORONA - 9.95

blackened chicken breast, diced tomato, romaine lettuce, aged parmesan cheese & rustic croutons with caesar dressing in a whole wheat tortilla.

KEY WEST - 9.95

roasted chicken breast, fresh pineapple, chipotle mayo, pico de gallo & provolone cheese in a whole wheat tortilla.

LISA'S - 9.95

turkey breast, fresh guacamole, onion, diced tomato, diced cucumber, lettuce & ranch dressing in a spinach tortilla.

NAPA (ve) - 8.95

garden hummus, couscous, avocado, red onion, cucumber, leaf lettuce & chimichurri sauce in a flour tortilla.

ROSIE'S VEGGIE (v) - 8.95

spicy black beans, pico de gallo, guacamole, sour cream & provolone cheese in a whole wheat tortilla.

SANTORINI - 9.95

grilled chicken breast, quinoa, black beans, dried cranberries, avocado, almonds, tomato, leaf lettuce & jalapenos with cilantro-lime sauce in a flour tortilla.

SEDONA (v) - 8.95

spicy black beans, diced tomato, sliced avocado, leaf lettuce & chipotle mayo in a spinach tortilla.

TAMPICO - 10.95

marinated shrimp, whole-grain couscous, avocado, pico de gallo, chipotle mayo, chimichurri sauce & leaf lettuce in a whole wheat tortilla.

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FLAGSTAFF - 9.95

marinated chicken breast, pico de gallo, lettuce, guacamole, sour cream & monterey jack cheese in a flour tortilla.

KEY LARGO (v) - 8.95

spicy black beans, avocado slices, sour cream, pico de gallo, couscous, chimichurri sauce & provolone cheese in a whole wheat tortilla.

NOGALES - 9.95

turkey breast, avocado, pico de gallo, sour cream, lettuce & pepper jack cheese in a flour tortilla.

NORTH BEACH - 9.95

grilled chicken breast, monterey jack cheese, crisp bacon & fresh tomato in a whole wheat tortilla.

OCEANSIDE - 10.95

shrimp ceviche, diced red onion, cilantro, fresh avocado slices & leaf lettuce in a spinach tortilla.

SAN CARLOS - 9.95

chipotle chicken, fresh mole sauce, red onion, roasted corn, guacamole, sour cream & monterey jack cheese in a flour tortilla.

SAN MARCOS - 9.95

cajun turkey breast, pico de gallo, roasted corn, cilantro sauce, fresh chopped mango, black beans & cheddar cheese in a whole wheat tortilla.

SANTA MONICA - 9.95

roasted turkey, pepper jack cheese, mango, lettuce, roasted corn, pico de gallo & cilantro sauce in a spinach tortilla.

SANTA ROSA - 9.95

marinated chicken breast, pico de gallo, spicy black beans, guacamole, sour cream & provolone cheese in a flour tortilla.

VAIL - 9.95

grilled chicken, sliced avocado, bbq sauce, leaf lettuce & provolone cheese in a flour tortilla.



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(v) vegetarian (ve) vegan (g) gluten free

composed salads

handcrafted dressings served on the side.

BBQ CHOPPED CHICKEN (g) - 9.95

bbq chicken breast, grilled corn, spicy black beans, tomato, monterey jack cheese & sliced avocado with bbq-ranch dressing.

CHICKEN CAESAR - 9.95

blackened chicken breast, diced tomatoes, romaine lettuce, aged parmesan cheese & rustic croutons with authentic caesar dressing.

COBB (g) - 9.95

diced natural chicken breast, tomato, sliced avocado, crisp bacon & crumbled bleu cheese on assorted greens with creamy ranch dressing.

GARDEN (v) - 6.95

aged cheddar cheese, rustic croutons, tomato, cucumber & avocado on mixed greens with vinaigrette. add chicken or tuna salad for 3.00

GAVIOTA QUINOA (g)(ve) - 9.95

quinoa, almonds, black beans, avocado, dried cranberries, tomato & jalapenos on baby greens with champagne vinaigrette.

KALE (g)(ve) - 9.95

chopped kale, red cabbage, bell pepper, red onion, orange segments & sunflower seeds with citrus-dijon vinaigrette.

LA PAZ (g) - 9.95

grilled chicken breast, spicy black beans, pico de gallo, monterey jack cheese & avocado on crisp romaine with cilantro-lime dressing.

MISSION BAY (g) - 9.95

spicy cajun albacore tuna, diced tomato & roasted vegetables on garden greens with white balsamic vinaigrette.

POMEGRANATE KALE (v) - 9.95

fresh pomegranate seeds, honey goat cheese, roasted sweet potato, couscous, candied walnuts, & cinnamon shallot vinaigrette on crispy kale.

SEA BREEZE - 10.95

marinated shrimp, mango, pico de gallo, garlic couscous, crisp greens, avocado & tortilla chips with fresh salsa dressing.

SONOMA (g) - 9.95

roasted chicken breast, pico de gallo, monterey jack cheese & avocado on crisp romaine with dijon vinaigrette.

SUNSET BEACH (g) - 10.95

honey goat cheese, marinated shrimp, papaya, carrots, caramelized onions & toasted sesame seeds on crisp greens with mango vinaigrette.

fresh soup

HANDCRAFTED

cup - 4.25 bowl - 5.95

GOODWIN'S famous guacamole

GOODWIN'S GUACAMOLE, SALSA & CHIPS - 3.90
our famous guacamole, fresh salsa & crisp corn tortilla chips.

options

DOUBLE PROTEIN - 4.00

add double protein to a gourmet sandwich, artisan wrap or fresh salad.

GUACAMOLE - 1.95

add GOODWIN'S famous guacamole to a gourmet sandwich, artisan wrap or fresh salad.

SLICED AVOCADO OR PICO DE GALLO - 1.00

add sliced avocado or pico de gallo to a gourmet sandwich, artisan wrap or fresh salad.

HANDCRAFTED DRESSINGS - .75

SLICED CHEESE - 1.00

IMPORTED BLEU OR GOAT CHEESE - 3.00

GLUTEN FREE BREAD - 1.00

potato chips

selection of large 2oz individual bags

lay's - 1.50 dirty - 1.85

desserts

FRESH BAKED ALL BUTTER COOKIES - 2.25

JUST PERFECT CHEESECAKE BROWNIES - 2.95

beverages

for a complete list of beverages, please refer to online ordering menu @ www.surfgoodwins.com or visit any of our restaurant locations.



facility processes tree nuts. contents may contain trace amounts of peanuts, wheat, soy & dairy ingredients. warning: consuming raw or undercooked meat, poultry, seafood, shellfish & eggs may increase the risk of food-borne related illnesses. prepared food should be stored at 40f & consumed within one (1) hour of delivery for best results. please refer to our cancellation policy as well as terms and conditions located at www.surfgoodwins.com. prices are subject to change at any time without notice. all rights reserved.
GOODWIN'S Restaurants 1999 - 2017.

menu expires 12/31/17

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